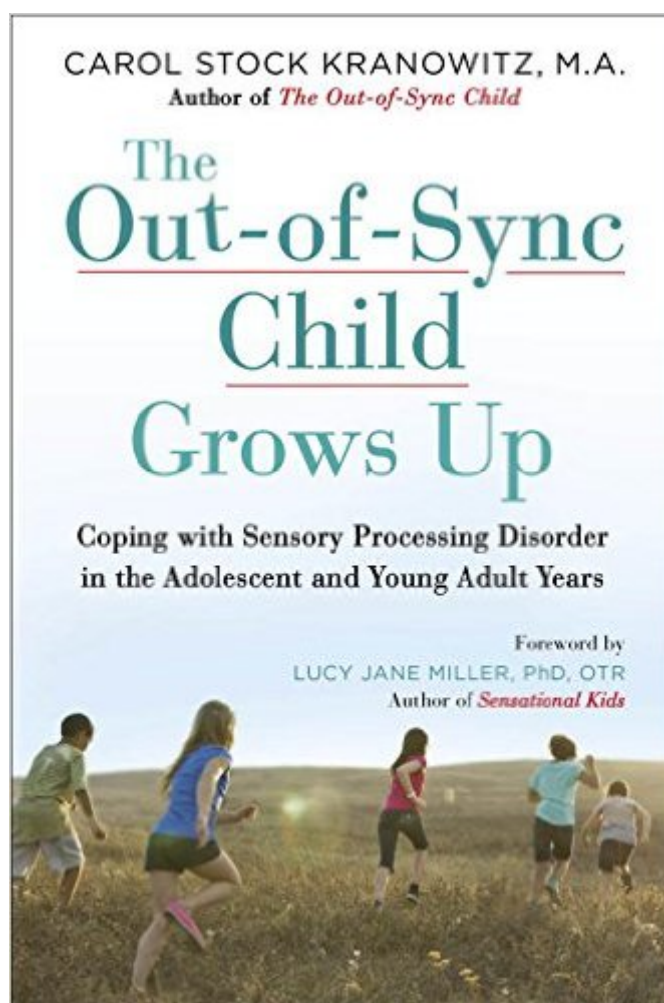


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# The Out-of-Sync Child Grows Up: Coping With Sensory Processing Disorder In The Adolescent And Young Adult Years



## Synopsis

The long-awaited follow-up to the million-copy bestseller *The Out-of-Sync Child*, presenting information and advice for tweens, teens, and young adults living with Sensory Processing Disorder, and their parents. *The Out-of-Sync Child Grows Up* will be the new bible for the vast audience of parents whose children, already diagnosed with Sensory Processing Disorder, are entering the adolescent, tween, and teen years, as well as those who do not yet have a diagnosis and are struggling to meet the challenges of daily life. This book picks up where *The Out-of-Sync Child* left off, offering practical advice on living with SPD, covering everyday challenges as well as the social and emotional issues that many young people with SPD face. Topics include strategies for coping with the sensory aspects of grooming, social lives and dating, playing sports and music, and other issues, as well as how to find support and help from loved ones, occupational therapy, and other resources. Carol Kranowitz's insights are supplemented by first-person accounts of adolescents and teens with SPD, sharing their experiences and hard-won lessons with readers and adding a powerful personal dimension to the book.

## Book Information

Paperback: 320 pages

Publisher: TarcherPerigee; 1 edition (May 24, 2016)

Language: English

ISBN-10: 0399176314

ISBN-13: 978-0399176319

Product Dimensions: 5.4 x 0.8 x 8.2 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #45,476 in Books (See Top 100 in Books) #142 in [Books > Parenting & Relationships > Parenting > Teenagers](#) #148 in [Books > Parenting & Relationships > Special Needs](#) #13903 in [Books > Reference](#)

## Customer Reviews

We've needed this book for years. These kids grow up but many of the symptoms do not go away. Still reading but Carol is an expert and I know there will be much to learn and understand from this book.

I work for a psychology practice, Abrams and Associates, and our Director has a copy of this book

in our waiting area because she thinks so highly of it. It is rare to find a resource that addresses the needs of adolescents, young adults, parents, and medical and mental health professionals. It is even more rare to find such a resource that addresses families with special needs and allows those living with this disorder to voice their needs and feelings. A brief synopsis of this book is that it focuses on answering what the disorder is, learning to cope with it, and ultimately living in the best way possible with a positive self identity and support of family and professionals. The writing is honest, told from the perspective of those teens and who live with Sensory Processing Disorder with only brief passages from the author to offer information. From a peer standpoint, this would be a perfect book for a newly diagnosed or struggling teen, young adult or for one of their family members.

What better way to find out what happens as our child(ren) grows up with Sensory Processing Disorder! There are about 50 contributor stories that help us understand many "purposes". Such as; "living with--or living as- an adolescent with SPD to validate their feelings and experiences, to give readers a sense of what the future may hold, to offer specific coping strategies for SPD" and much, much more!! This may sound very cliché, but I have to say it...This book is a MUST READ. All of Carol's books are in our resource library, they should be in yours too!

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The Sensory Team Handbook: A hands-on tool to help young people make sense of their senses and take charge of their sensory processing  
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